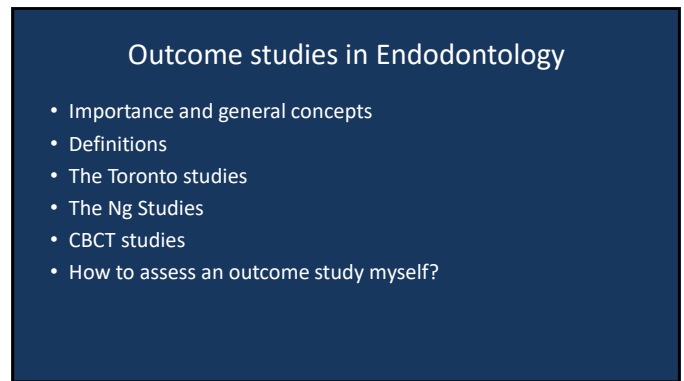
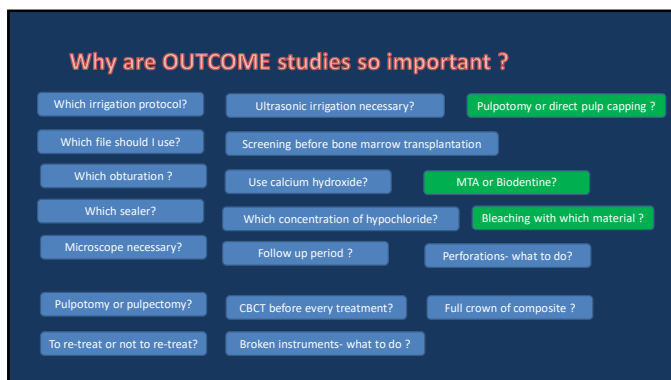


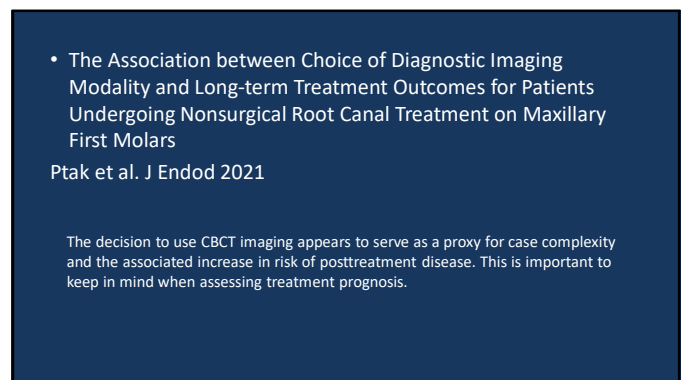
1



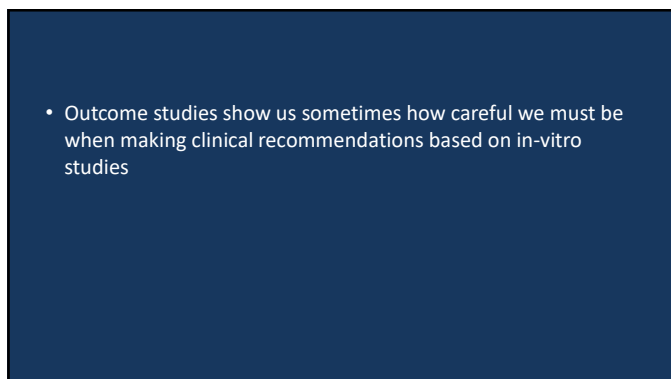
2



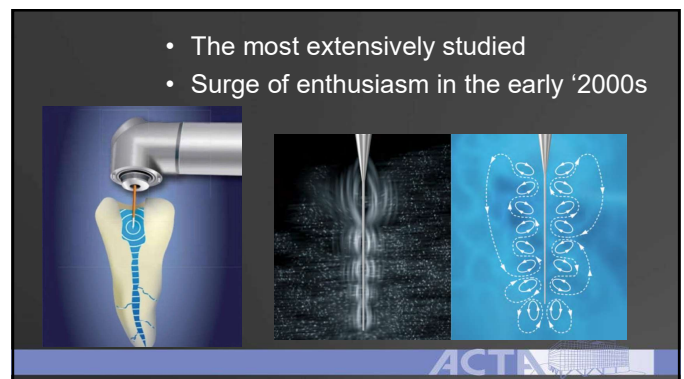
3



4



5



6

Căpută PE et al. J Endod. 2019

...no strong clinical recommendations could be formulated.

Silva EJNL et al. Br Dent J. 2019

...there was no evidence of effective improvement on periapical healing ...that supports the use of ultrasonic irrigation...



ACTA

7



ACTA

8



Outcome was mostly determined by radiographs.

Evidence shows that radiographs show only half of the truth...

9

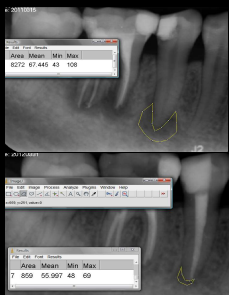
• **Radiographic success: half true half false**

• **Evidence:**

- Absence of AP on radiograph: half true half false or 2/3 true 1/3 false (Brynolf 1967, Barthel et al. 2004)..
- Absence of AP on radiograph: 60% true 40% false (Estrela et al. 2008, Christiansen et al. 2009).

10

How do we measure/ determine healing?

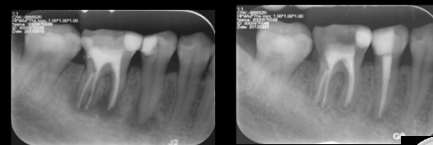


- Qualitative (strict)
- Simple measurements
- Scoring systems
- PAI
- CBCT-PAI
- 3D measurements

11

**Qualitative assessment**

- Healed or not healed ("strict criteria") –
- no measurement of the lesion, just present or absent.



Who used this system ?  
Ng et al. 2011



12

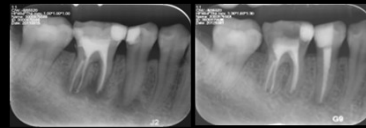
### Advantages

- Quick and cheap method
- Gives clinically relevant information

13

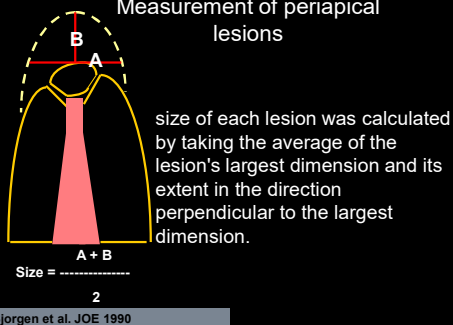
### Disdvantages

- Subjective
- No meaning for "shrinkage"
- On CBCT- lower healed rate on teeth with pre-treatment lesions (Liang et al. 2012: less than 50% after 2 years )



14

### Measurement of periapical lesions



15

### Measurement of periapical lesions



16

### Advantages

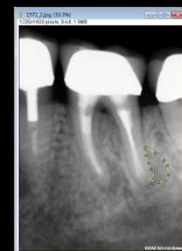
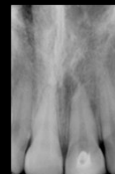
- Cheap method
- Quantitative



17

### Disdvantages

- Time consuming
- Not accurate- difficult to standardize



18



### Scoring systems

- Periapical scores for treatment outcome.
- Periapical destruction:
- 1= definitely NOT present
- 2= probably NOT present
- 3= unsure
- 4= probably present
- 5= definitely present

Who used this system ?  
Peters & Wesselink 2002

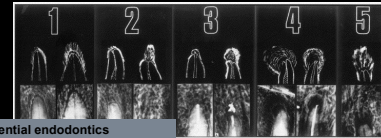
Reit & Gröndahl IEJ 1983

19



### PAI Score

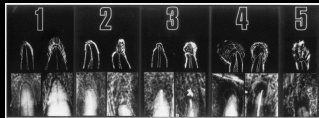
- PAI score (Ørstavik et al. 1986)
- "The PAI scoring system offers a visual reference scale for assigning a health status to the periapex."



Essential endodontics

20

- In order to evaluate periapical section according to the PAI score, you have to compare periapical radiographs with a set of 5 radiographic images derived from Brynolf's histological-radiographic correlation study

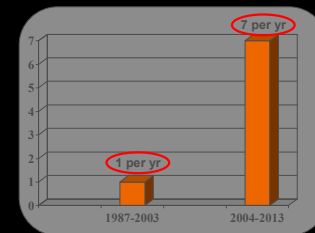


Brynolf, 1967

Who used this system ?  
The Toronto studies  
Marending et al. 2005  
And  
More than 70 studies !

21

PAI has been used in more than 70 outcome studies since 1987



22

### Advantages

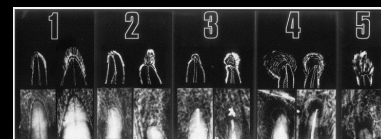
- Relatively easy to perform
- Many studies and experience with this method
- Uniformity



23

### Disadvantages

- Based on findings from maxillary incisors
- Based on 2D information



24

"Scores 2 to 5 represent increasing extent and severity of apical periodontitis."

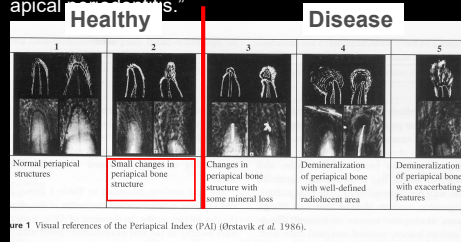


Figure 1 Visual references of the Periapical Index (PAI) (Ørstavik et al. 1986).

Ørstavik et al. Endod Dent Traumatol 1986

25

Prognostic value of the full-scale Periapical Index. Kirkevang et al. Int Endod J. 2014

Repeated radiographic assessments of teeth using the full-scale PAI reveal that each of the five scores had distinct prognostic value for the course of periapical disease ...

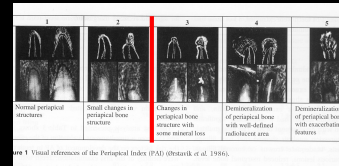


Figure 1 Visual references of the Periapical Index (PAI) (Ørstavik et al. 1986).

26

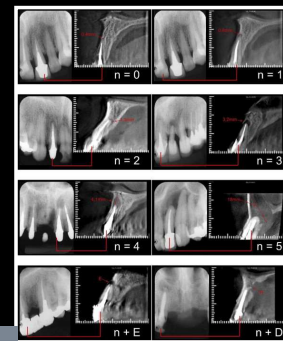
| Success=     | PAI 1+2 | PAI 1 |
|--------------|---------|-------|
| ALL          | 90      | 58    |
| NO Pre-op PA | 94      | 70    |
| Pre-op PA    | 79      | 26    |



Ørstavik et al. Eur J Oral Sci 2004

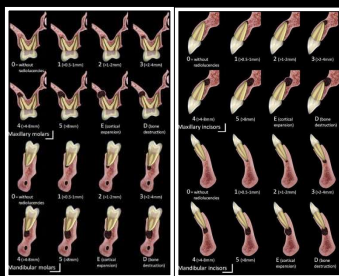
27

The CBCT-PAI score



Estrella et al. JOE 2008

28

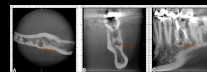


Estrella et al. JOE 2008

29



The sizes of radiolucent periapical lesions were measured on CBCT scans in 3 dimensions: buccopalatal, mesiodistal, and diagonal. The CBCT-PAI was determined by the largest extension of the lesion. A 6-point (0-5) scoring system was used.

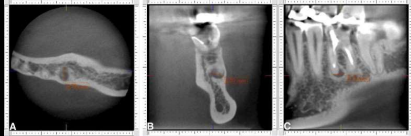


Who used this system ?  
Esposito et al. 2011

30

### Advantages

- Based on findings from all teeth
- Based on 3D information
- Take 3 planes into consideration



31

### Disadvantages

- Measurements are still based on personal interpretation and 2D concepts
- Radiation
- Artifacts like metal posts and radiodense materials
- Time consuming

32

### 3D volume measurements

1. Threshold technique
2. The expansion technique

Who used this system ?  
Metska et al. 2013  
Van der Borden et al. 2013



33

### Terminology

Patient-centered outcome:  
Survival, functionality



Disease-centered outcome:  
Healing of the periapical lesion



34

### Outcome terminology

- Success & failure  
Too general ?
- Healing & healed  
Disease centered
- Effective & ineffective  
Patient centered
- Favourable and unfavourable outcome  
Too general ?
- Survival & Functionality  
Patient centered

35

### Toronto studies



36

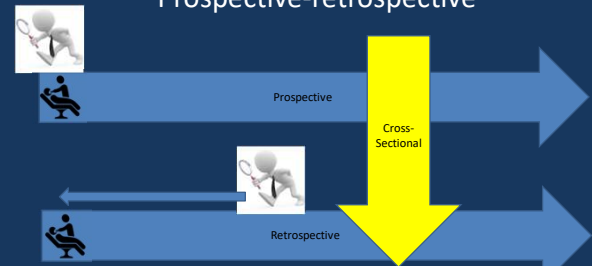
The Toronto Study Project, established in 1993, is a continuous prospective investigation of the 4- to 6-year outcome of endodontic treatment performed by graduate endodontics students in a university clinic environment.

Patient recall has been divided into 2-year phases.

This modular design provides cumulative data with the completion of each successive phase, with the aim of amassing a sufficient sample to study the prognostic value of various factors.

37

## Prospective-retrospective



38

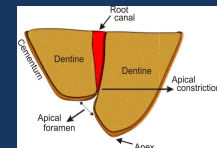


- Advantage of prospective : all treatment factors could be controlled and planned- fewer potential sources of bias and confounding
- Advantage of retrospective: easier to perform because you look at charts of previous patients

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## TERMS

- NO success or failure !!!
- Healed and healing
- Functional
- Difference between functional and survival



40

## Toronto studies - JOE

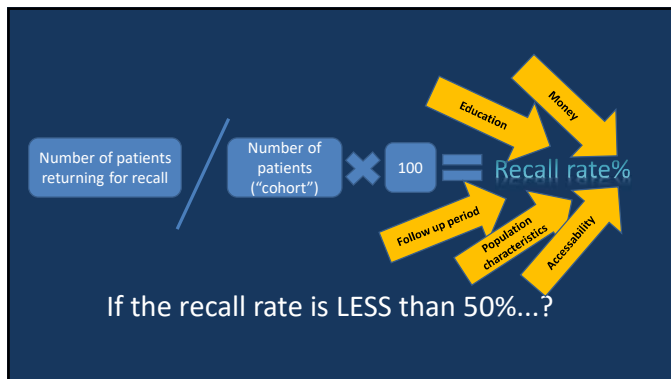
1. Treatment outcome in endodontics: the Toronto Study - **Phase 1** initial treatment. Friedman S, Abitbol S, Lawrence HP. 2003
2. Treatment outcome in endodontics: the Toronto Study - **Phase 2** initial treatment. Farzaneh M, Abitbol S, Lawrence HP, Friedman S. 2004
3. Treatment outcome in endodontics: the Toronto study - **Phases 3 and 4** Orthograde retreatment. Farzaneh M, Abitbol S, Friedman S. 2004
4. Treatment outcome in endodontics: The Toronto Study - **Phases 1 and 2** apical surgery. Wang N, Knight K, Dao T, Friedman S. 2004
5. Treatment outcome in endodontics: the Toronto Study - **Phase 2** initial treatment. Marquis V, Dao T, Farzaneh M, Abitbol S, Friedman S. 2006
6. Treatment outcome in endodontics: the Toronto study - **Phases 3 and 4** orthograde retreatment. de Chevigny C, Dao TT, Baroni BB, Marquis V, Farzaneh M, Abitbol S, Friedman S. 2008
7. Treatment outcome in endodontics: the Toronto study - **Phase 4** initial treatment. de Chevigny C, Dao TT, Baroni BB, Marquis V, Farzaneh M, Abitbol S, Friedman S. 2008
8. Treatment outcome in endodontics: the Toronto study - **Phases 3, 4, and 5** apical surgery. Baroni C, Dao TT, Baroni BB, Wang N, Friedman S. 2010

41

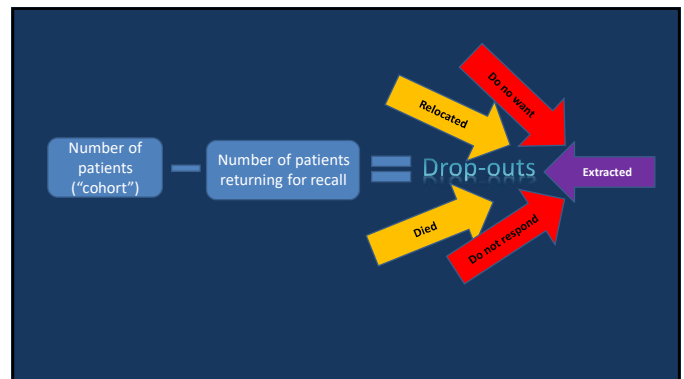
- Accumulation of results mean that the last 3 articles that report the accumulated results of all phases are the most important in terms of results and outcome predictors

5. Treatment outcome in endodontics: the Toronto study - **Phases 3 and 4** orthograde retreatment. de Chevigny C, Dao TT, Baroni BB, Marquis V, Farzaneh M, Abitbol S, Friedman S. 2008
7. Treatment outcome in endodontics: the Toronto study - **Phase 4** initial treatment. de Chevigny C, Dao TT, Baroni BB, Marquis V, Farzaneh M, Abitbol S, Friedman S. 2008
8. Treatment outcome in endodontics: the Toronto study - **Phases 3, 4, and 5** apical surgery. Baroni C, Dao TT, Baroni BB, Wang N, Friedman S. 2010

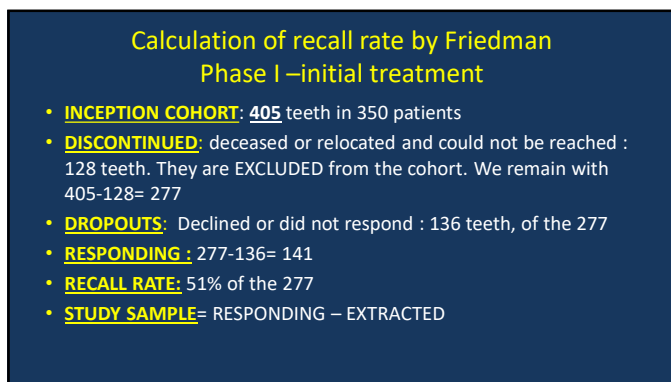
42



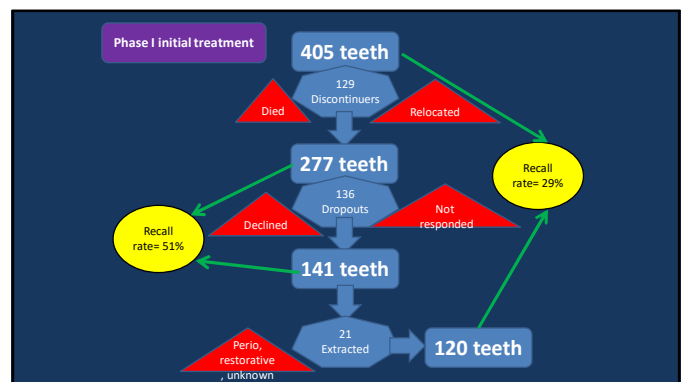
43



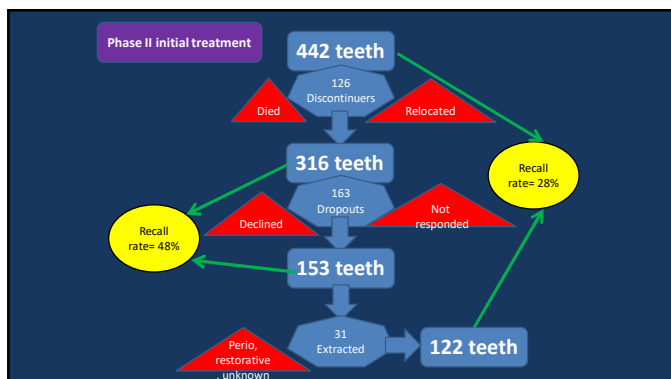
44



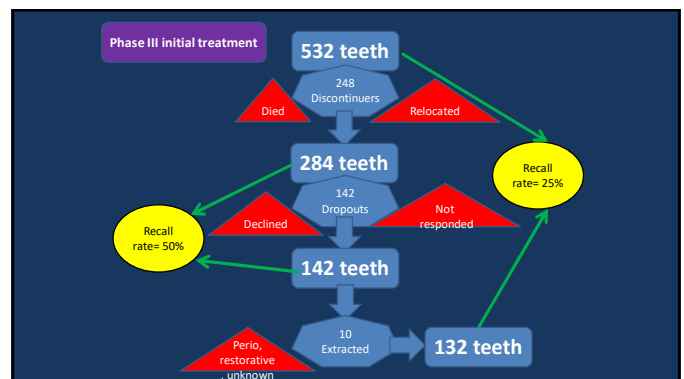
45



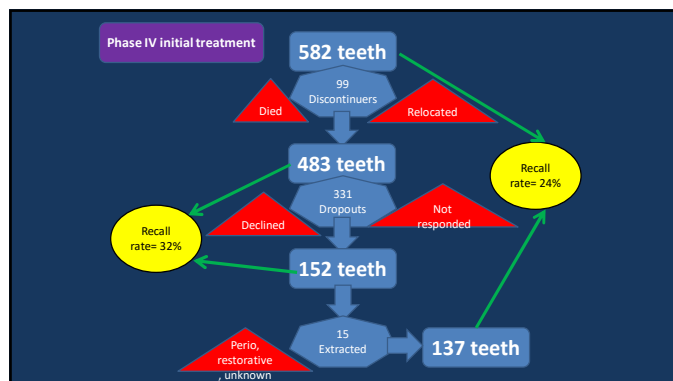
46



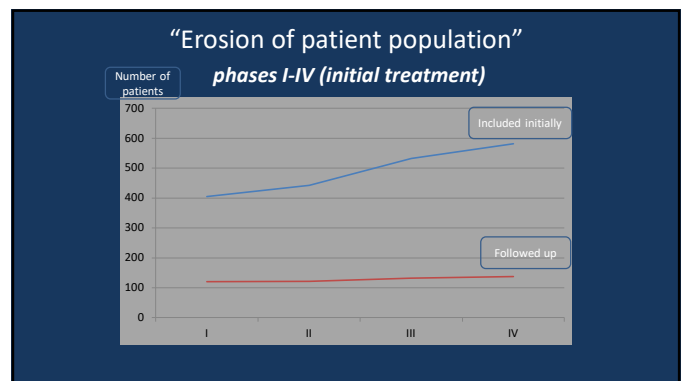
47



48



49



50

### "Response bias analysis"

- Explores whether the results could be skewed by the loss of follow-up.
- Patients lost to follow-up are checked for different characteristics (gender, pre-op diagnosis, tooth type...)
- If the populations lost to follow up and attending are significantly different in parameters which were identified as an outcome predictor, than the results could be skewed.

51

### Came for the recall

### Drop-outs

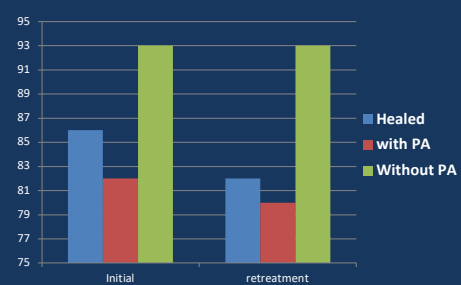


Population diversity : age, sex, smokers  
Tooth characteristics : Type, diagnosis

52

### Results- Toronto studies

### Outcome phases 1-4 Healed percentage



53

54

## Conclusions Toronto studies

- Importance
- Methodology
- Relevance
- Future

55

## The Ng Studies



56

## Ng studies- IEJ

1. "Outcome of primary...part 1" Ng, Mann, Rahbarab, Lewsey & Gulabivala 2007
2. "Outcome of primary...part 2" Ng, Mann, Rahbarab, Lewsey & Gulabivala 2007
3. "Outcome of secondary..." Ng, Mann & Gulabivala 2008
4. "Tooth survival..." Ng, Mann & Gulabivala 2010
5. "A prospective study...part 1" Ng, Mann & Gulabivala 2011
6. "A prospective study...part 2" Ng, Mann & Gulabivala 2011

A prospective study of the factors affecting outcomes of nonsurgical root canal treatment: part 1: periapical health. - Ng, Mann & Gulabivala 2011

- The goal was to identify the prognostic factors for root canal (re) treatment.
- Observational design : factors cannot be controlled but only accounted for.
- All patients undergoing RCT of retreatment from 1st October 1997 until June 2005. By residents in Eastman. (Toronto : 1993-2001)
- Excluded from the study: perio or if the apex was not discernible on the x-ray
- Excluded from the analysis: follow-up less than 2 years, extracted, not enough data

57

58

- All treatments with anesthesia
- Various instrumentations
- GP + Roth canal sealer
- Various filling techniques
- Was magnification (microscope) used ?!

## Classification

- Preoperative: 1. intact PDL 2. Widened PDL, 3. Lesion
- Diameter of the lesion measured with a ruler
- Diameter of widened PDL 0.5 mm

59

60

### Outcome measurements

- Ng does not agree with Friedman and constantly uses the term "success rate".
- Primary: Clinical and radiographic : absence or healing of lesion for each root
- Secondary: survival
- Success: 1.strict criteria : no pain, symptoms and complete healing
- 2. Loose criteria- healing lesion.

61

# PAI score

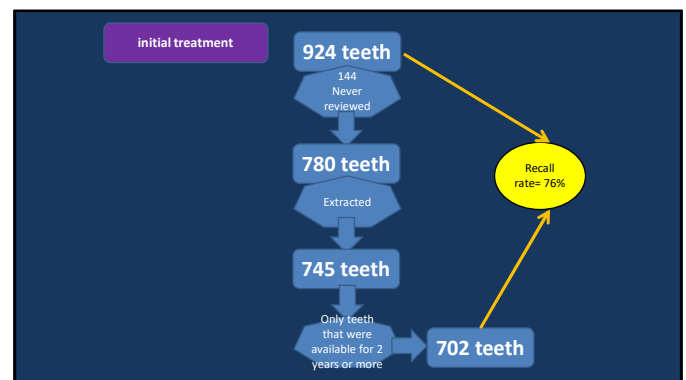
62

### Numbers

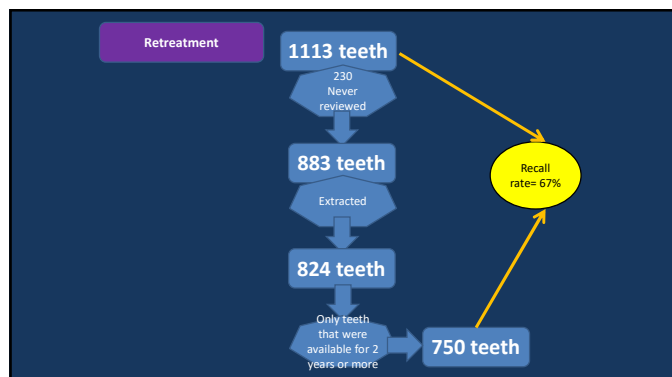
- Total: 924 teeth for initial treatments and 1113 teeth for retreatments

|          | Initial-Ng |  | Retr-Ng |  |
|----------|------------|--|---------|--|
| Cohort   | 924        |  | 1113    |  |
| Analysis | 702        |  | 750     |  |

63



64

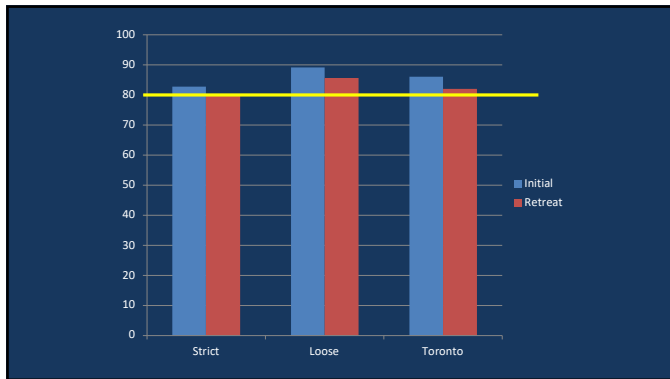


65

### Results Ng

|                | Initial | retreatment |
|----------------|---------|-------------|
| Strict         | 82,8    | 80,1        |
| Loose          | 89,1    | 85,6        |
| Toronto pooled | 86      | 82          |

66



67

### The root as a unit

- Friedman claimed that you SHOULD NOT use the root as a unit of measure because it had a tendency to OVERESTIMATE success.
- This study and Hoskinson et al. 2002 do not support this.
- Reason: root-level independent variables are more relevant

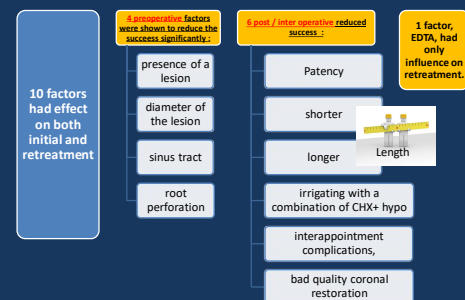
68

### Sensitivity of the radiographs

- CBCT

69

### Factors



70

### On what do Ng and Friedman disagree?

- Root level- tooth level
- PAI score
- Calculation of the recall rate
- Factors

Still, their results are similar !!!

71

### The Ng Studies II : Survival



72

### Definitions

- Survival –time to extraction after RCT
- Functional survival (Friedman & Mor 2004)

73

### Tooth survival- Review (2010)

1966-2007  
31 articles identifies, 14 included  
Pooled survival 2-10 years 86-93%

74

### Questions

- Why are there so few studies on survival compared to studies on healing of periapical lesion ?
- Sample size is larger than studies on periapical healing. Why ?
- Influence of follow up time on the survival. Pooled results for 3-10 years but if you look at 8-10 years it is lower than 2-4 years.

75

Endodontic treatment outcomes in a large patient population in the USA: an epidemiological study.

Salehrabi R, Rotstein JOE 2004

- outcomes of initial endodontic treatment done in 1,462,936 teeth of 1,126,288 patients from 50 states across the USA was assessed over a period of 8 yr.
- Overall, 97% of teeth were retained in the oral cavity 8 yr after initial nonsurgical endodontic treatment.
- In conclusion, it appears that initial nonsurgical endodontic treatment is a predictable procedure with high incidence of tooth retention after 8 yr.

76

### Problems

- Tooth exists in the mouth.
- But in which condition? Unclear (but irrelevant for “survival”)
- No prognostic factors checked

77

### Prognostic factors influencing survival

according to the review :

- 1. Crown restoration
- 2. Proximal contacts
- 3. Not an abutment
- 4. non-molar teeth

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### Tooth survival- Study (2011)

- Follow up 2-4 years
- Initial treatment & retreatment
- Initial : 95%
- Retreatment: 95%
- 13 prognostic factors were identified

79

- “The extraction outcome was reported either by the patient at the follow-up appointment, or without their attendance by phone or letter through the patient or referring dentist “
- Is this a big limitation ???
- No, because the recall rate was high.

80

### Prognostic factors

- Diabetes
  - Steroid therapy
  - Probing depth
  - Pain
  - Discharging sinus tract
  - Perforations (2<sup>nd</sup> treatment only)
  - Perforations
  - Patency
  - Extrusion of filling material
  - Cast restoration vs. temporary
  - Post & core
  - Proximal contacts
  - Terminal location of the tooth
- Factors are categorized into:
- Patient factors** (Diabetes, Steroid therapy)
  - Pre-op factors** (Probing depth, Pain, Discharging sinus tract, Perforations (2<sup>nd</sup> treatment only), Perforations)
  - Intra-op factors** (Patency, Extrusion of filling material)
  - Post-op factors** (Cast restoration vs. temporary, Post & core, Proximal contacts, Terminal location of the tooth)
- Additional factors listed:
- 1. Crown restoration
  - 2. Proximal contacts
  - 3. Not an abutment
  - 4. non-molar teeth
- Periapical healing

81

Why was the most important factor for healing (\*pre-op periapical lesion) NOT a factor for survival ?

- “A mere presence of a periapical lesion was NOT a sufficient reason for active treatment” (Reit & Gröndahl 1988)

82

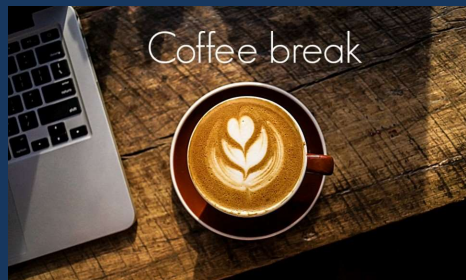
### Conclusions Ng studies

- Importance
- Methodology
- Relevance
- Future

83



84



85

## Outcome studies with CBCT



86

## The first Outcome studies using CBCT



87

|                        | Liang et al. 2011 | Fernández et al. 2013 | Liang et al. 2012 | Patel et al. 2012 | Liang et al. 2013   | Borden et al. 2013 | Metska et al. 2013 |
|------------------------|-------------------|-----------------------|-------------------|-------------------|---------------------|--------------------|--------------------|
| No. teeth              | 115               | 132/208R              | 23                | 84                | 50/71R              | 45                 |                    |
| Pre-op PA?             |                   | No pre-op CBCT        |                   |                   |                     |                    |                    |
| Follow up (y)          | 2                 | 5                     | 2                 | 1                 | 1-1.5               | 1-3                | 1                  |
| Method                 | Yes/No            | CBCT PM               | Yes/No            | Categories        | Categories (volume) | Volume             | Volume             |
| Recall %               | 36                | 59                    | 47                | 75                | 82                  | 75                 | 78                 |
| Healed X-ray           | 87                | 92                    | 74                | 93                | 32                  | 45                 |                    |
| Healed CBCT            | 74                | 81                    | 61                | 74                | 13                  | 18                 | 8                  |
| Diminished lesion CBCT | -                 | -                     | -                 | 39                | 73                  | 78                 | 80                 |
|                        | JOE 2011          | JOE 2013              | COI 2012          | IEJ 2012          | JOE 2013            | JOE 2013           | JOE 2013           |

88



89


|                        | Davies et al. 2015 |
|------------------------|--------------------|
| No. teeth              | 117                |
| Pre-op PA?             | yes                |
| Follow up (y)          | 1                  |
| Method                 | Increase/ decrease |
| Recall %               | 86                 |
| Healed X-ray           | 77                 |
| Healed CBCT            | 61                 |
| Diminished lesion CBCT | 77                 |
|                        | IEJ 2015           |

90

ESE guidelines advise 1 year follow up

- Due to the generally high number of favourable outcomes, and the insensitivity of radiographs in detecting unfavourable outcomes it is reasonable to question whether a 1 year follow up with radiographs is justified especially in cases with small/ no pre-op radiolucencies

91




**Important findings**

- Treatment of vital teeth without a preop lesion results in a post-treatment lesion in ~ 20%
- Complete healing of a periapical lesion is either slow or rare
- Looking at the "healed" and "healing" together results in success percentages which are clinically acceptable

Wu MK, Wesselink P, Shemesh H  
New terms for categorizing the outcome of root canal treatment.

Wu et al. IEJ 2011

92




**Conclusions**

- Follow up should be reconsidered: timing, aim and procedures
- 2D PAI score to assess outcome is problematic
- "It is time for our specialty to re-evaluate the way we assess the outcome of root canal treatments"

Patel et al. IEJ 2011

93



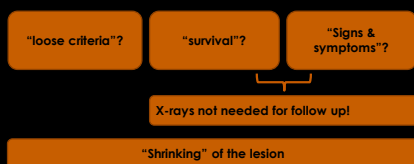
**Important areas deserving investigation:**

- To what extent root canal treatments fail to achieve healthy outcomes and require further treatment *Surgery ?!*
- The risk that teeth with persistent but asymptomatic AP will lead to pain and swelling and/or increase in magnitude of bone lesions
- The risk to general health of not intervening in cases of teeth with AP. *To treat or not to treat ?!*

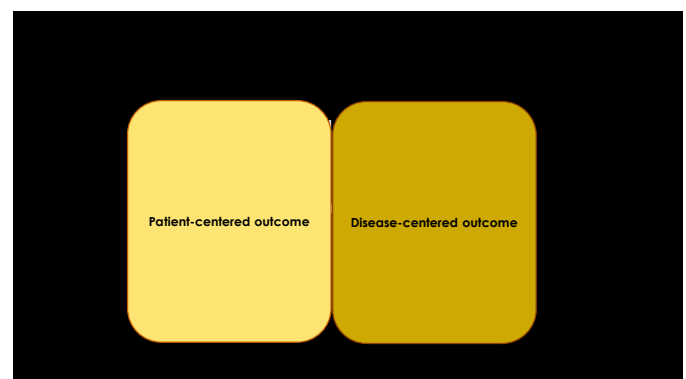
Bergenholtz & Kvist (Editorial, IEJ 2013)

94

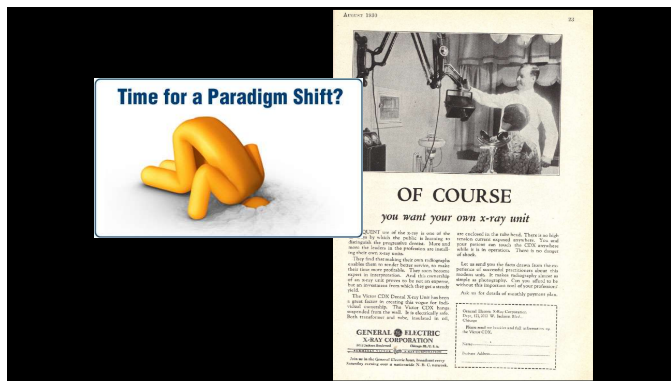
- If we accept that for the time being the availability of CBCT remains limited:



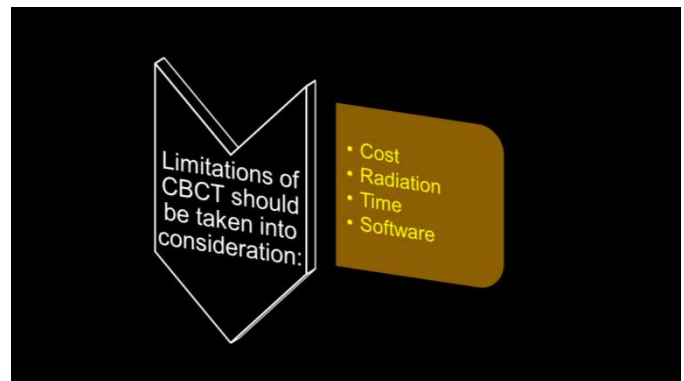
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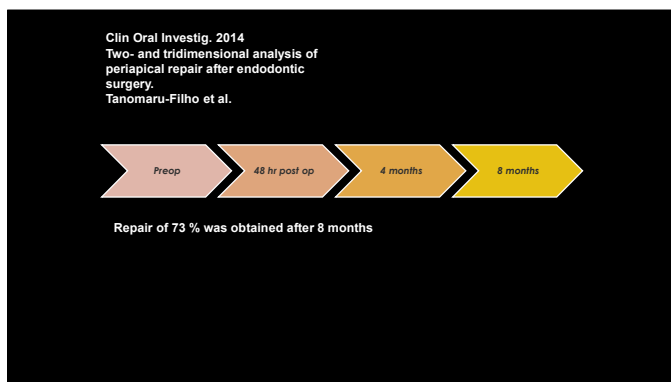
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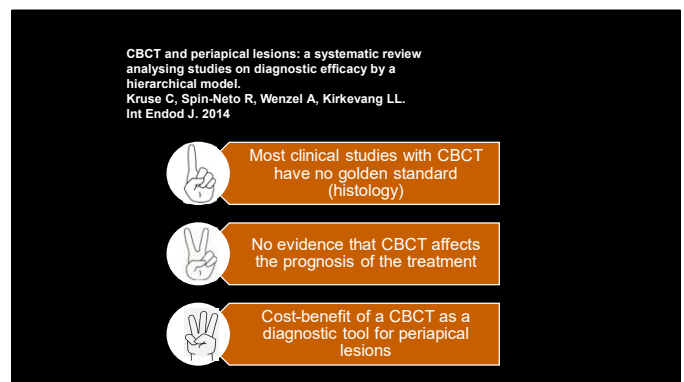
97



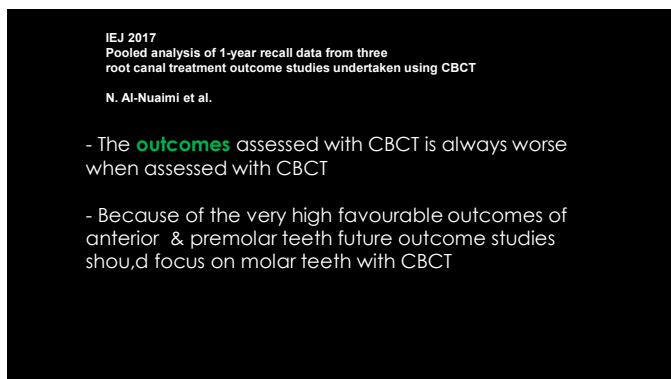
98



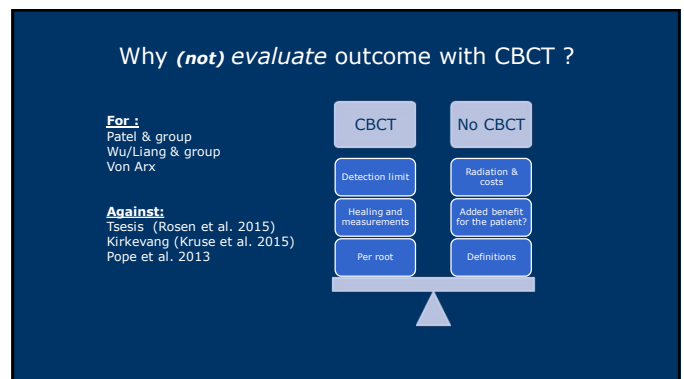
99



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101



102

## Summary

- Toronto studies
- Ng studies
- CBCT studies
- Outcome terminology and measurements
- Recall rate
- Outcome of root canal treatment

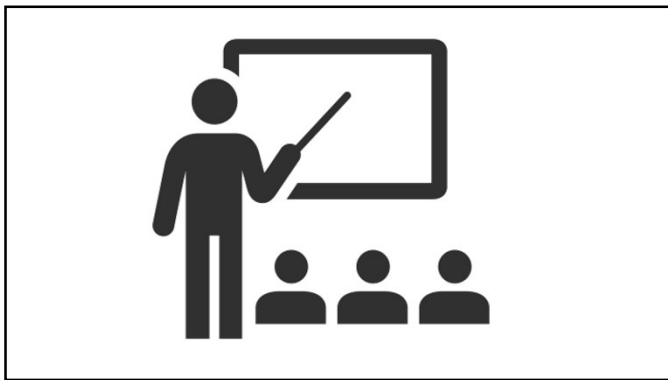
103

Now you :

Assess the following outcome article by yourself!



104



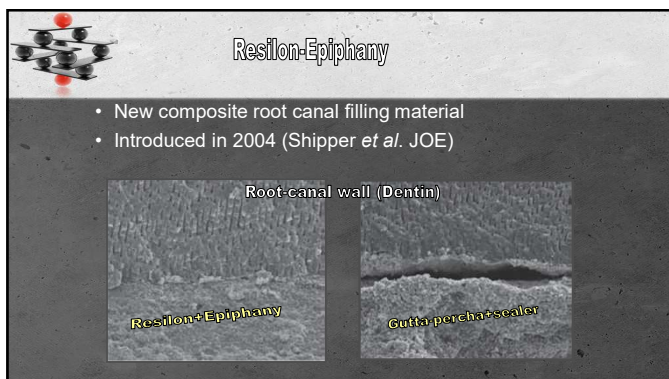
105

Long-term Outcomes of Endodontic Treatment  
Performed with Resilon/Epiphany

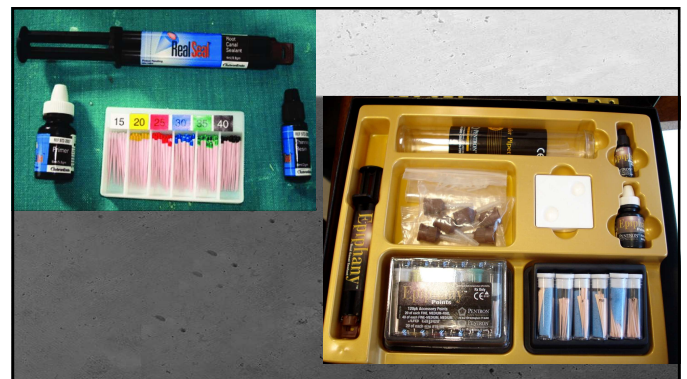
Strange et al. 2019

Read it in [www.shemesh.nl](http://www.shemesh.nl) (see "seminars and lectures" )

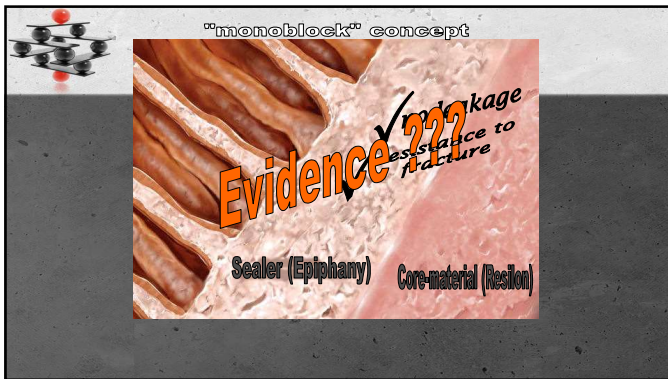
106



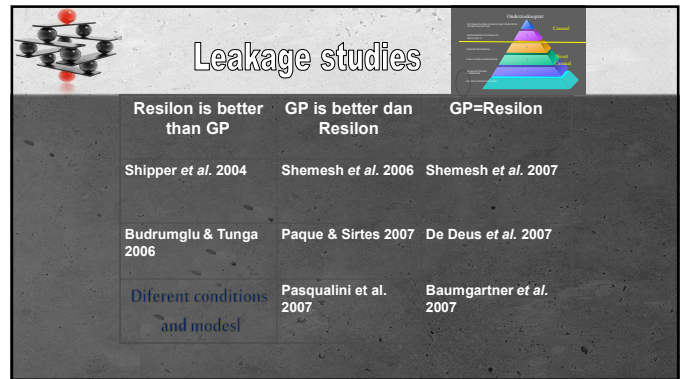
107



108



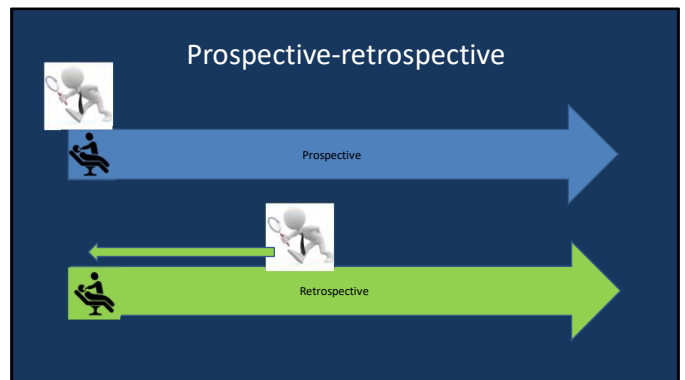
109



110

|   |  |
|---|--|
| Number of teeth originally                      |  |
| Number of teeth at recall                       |  |
| Recall rate                                     |  |
| Follow-up period                                |  |
| Operator (who performed the treatments?)        |  |
| Radiographs or CBCT ?                           |  |
| Outcome terminology (success ? healed ? ...)    |  |
| Outcome measurement (PAI, strict, shrinking...) |  |
| Results :                                       |  |
| HEALED ("success")                              |  |
| Conclusions                                     |  |
|   |  |
|   |  |

111



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|   |  |
|---|--|
| Number of teeth originally                      |  |
| Number of teeth at recall                       |  |
| Recall rate                                     |  |
| Follow-up period                                |  |
| Operator (who performed the treatments?)        |  |
| Radiographs or CBCT ?                           |  |
| Outcome terminology (success ? healed ? ...)    |  |
| Outcome measurement (PAI, strict, shrinking...) |  |
| Results :                                       |  |
| HEALED ("success")                              |  |
| Conclusions                                     |  |
|   |  |
|   |  |

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So how do you monitor the results of your endodontic treatment?



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## Monitoring the outcome

1. A radiograph one year after the treatment
2. A radiograph 6 months after the treatment
3. I don't monitor the outcome
4. A CBCT one year after treatment
5. I follow it up after one and 4 years
6. I just call the patient on the phone

116

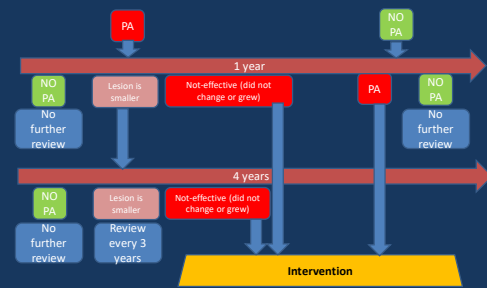
- Monitoring the outcome of root canal re-treatments - 2008 endodontic Topics
- Sathorn & Parashos



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117

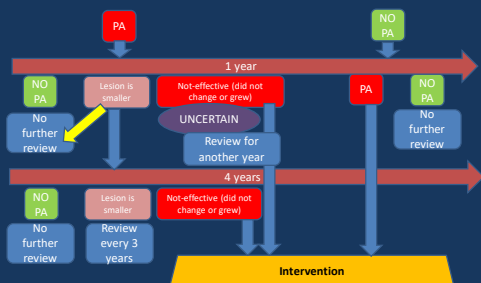
Non-surgical retreatment :(Sathorn & Parashos follow-up protocol)



118

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Effectivity (Wu, Shemesh, Wesslink)- 2011



119

119

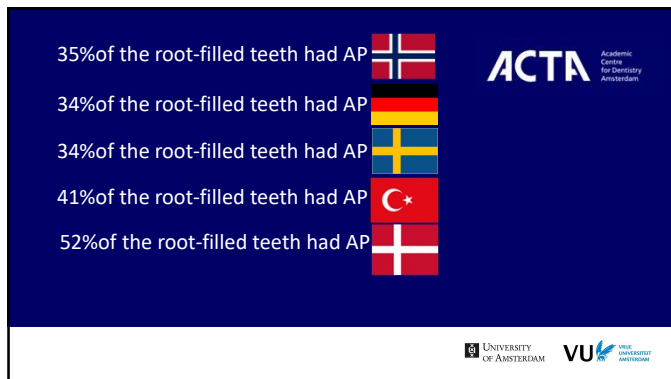
Take home message

- Outcome studies are the essence of clinical studies in endodontology because they can give answers to most clinical questions
- Healing of the periapical lesion on radiograph is mostly used to assess the outcome
- Patient centered outcomes are also being used (and should be used more often? )
- CBCT as a new tool to assess outcome (limited!)
- Important concepts of outcome assessment were discussed

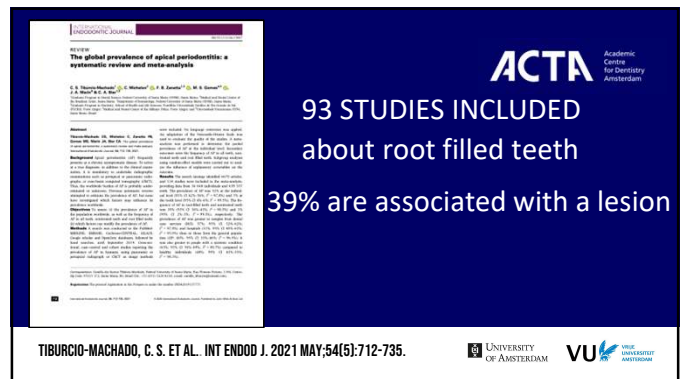
120

120





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• How to explain the discrepancy ?

- Cross sectional vs. Outcome study with follow-up
- Do outcome studies correctly reflect the situation?
- How long ago was the treatment done ?
- Healing of the lesion but not (yet) full recovery
- Apical scar tissue
- Quality of the treatment

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LAUKKANEN ET AL. ACTA ODONTOL SCAND . 2021

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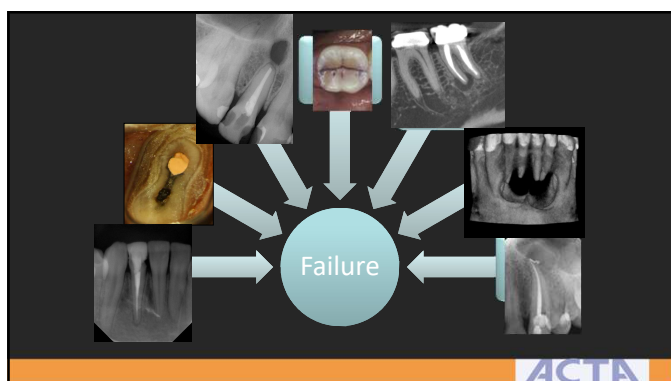
129

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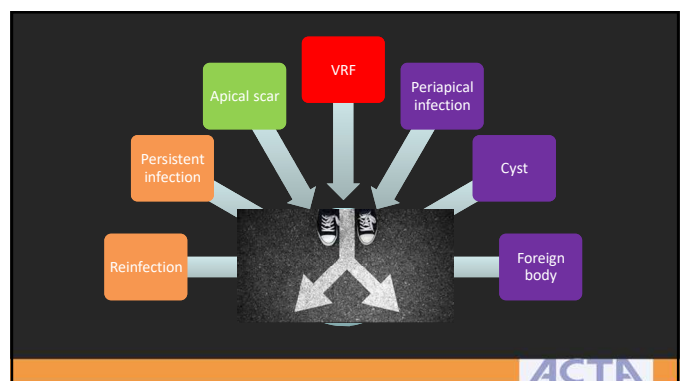
Why do root canal treatments fail?

UNIVERSITY OF AMSTERDAM Vrije Universiteit Amsterdam

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## How to manage failure of a root canal treatment?

- Monitor
- Retreatment
- Surgical endodontics
- Combination
- Extraction

**ACTA** Academic Centre for Dentistry Amsterdam

Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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## How to manage failure of a root canal treatment?

- Monitor
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Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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### ● Monitor

- When there are no complaints (of symptoms...?)
- When the treatment was recently (<4 years?)
- When we see no difference compared to older radiographs

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### ● Monitor

- When there is no clear diagnosis
- When there is no restorative plan
- When there are no systemic risks

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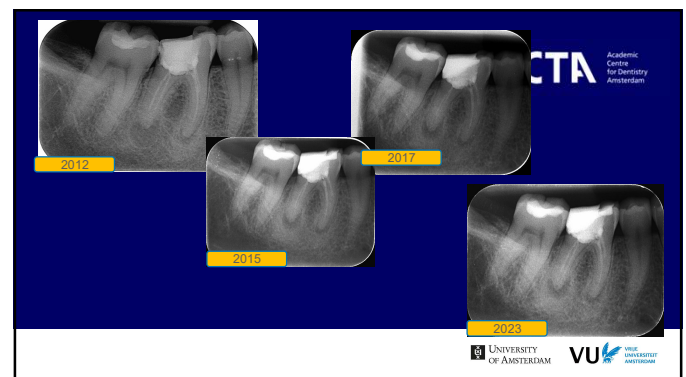
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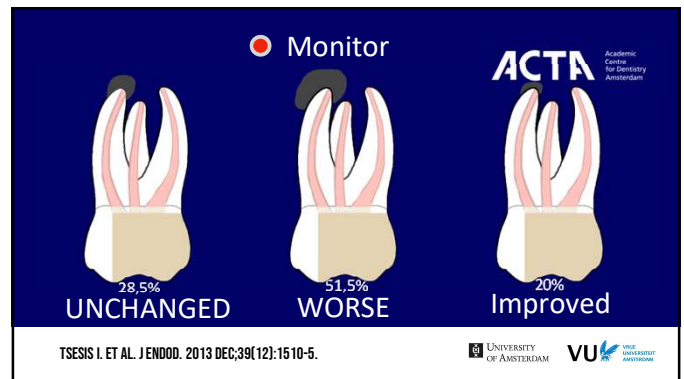


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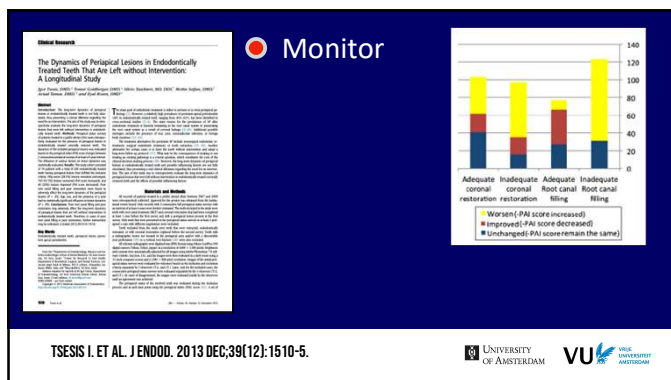
138



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Monitor- recommendations

- Set baseline !
- Clinical checkups + radiographs
- Old radiographs ?
- Inform the patient, also risks of flareups
- Monitoring a BAD root canal treatment ↓ ↓ ↓
- Systemic implications ±

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How to manage failure of a root canal treatment?

- Monitor
- Retreatment
- Surgical endodontics
- Combination
- Extraction

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RETREATMENT

SUCCESS RATE 78,04% - 86,38%

SABETI, M. ET AL. J ENDOD. 2024 APR;50(4):414-433.

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**RETREATMENT**

**ACTA** Academic Centre for Dentistry Amsterdam

COHEN'S PATHWAYS OF THE PULP (12TH ED.), ST. LOUIS, MO

**NONSURGICAL ENDODONTIC RETREATMENT**

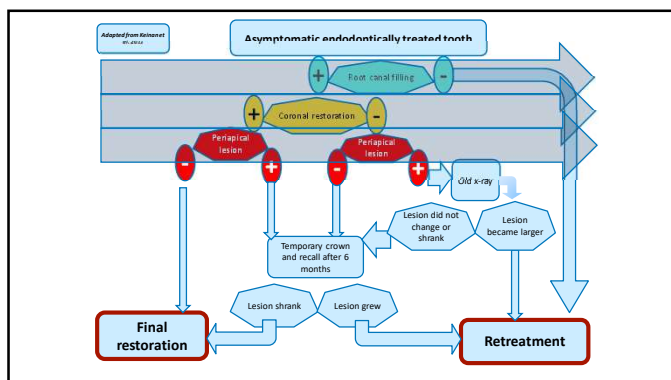
The primary difference between nonsurgical management of primary endodontic disease and that of posttreatment disease is the need to regain access to the apical area of the root canal space in the previously treated tooth. After that, all of the principles of endodontic therapy apply to the completion of the retreatment case. Coronal access needs to be completed, all previous root-filling materials need to be removed, canal obstructions must be managed, and impediments to achieving full working length must be overcome. Only then can cleaning

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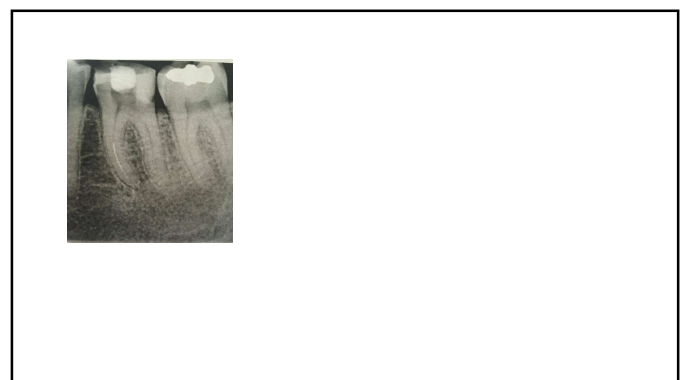
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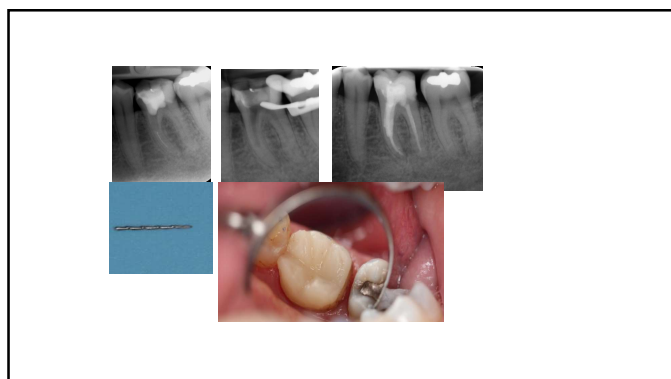
146



147



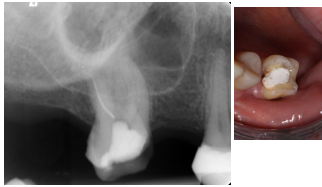
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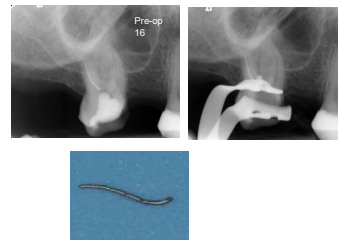
149



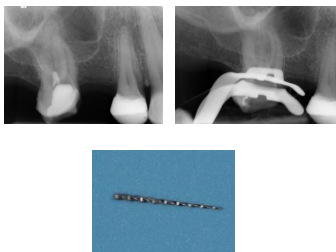
150



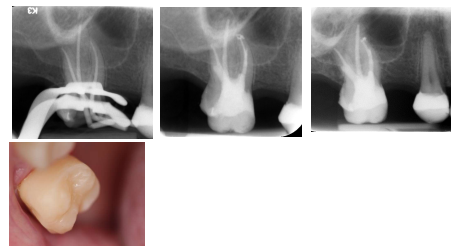
151



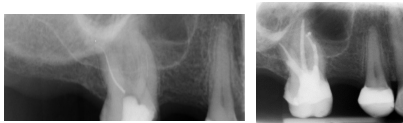
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### How to manage failure of a root canal treatment?

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- Monitor
- Retreatment
- Surgical endodontics
- Combination
- Extraction

Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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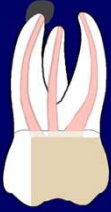
VU UNIVERSITY AMSTERDAM

156

**Surgical endodontics**

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**SUCCESS RATE**  
78.4 - 91.3%



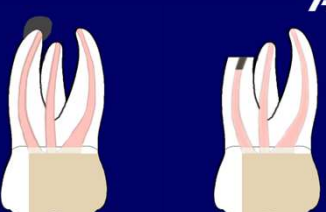
PINTO D, MARQUES A, PEREIRA JF, PALMA PJ, SANTOS JM. MEDICINA (KAUNAS). 2020 SEP 3;56(9):447

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**Surgical endodontics**

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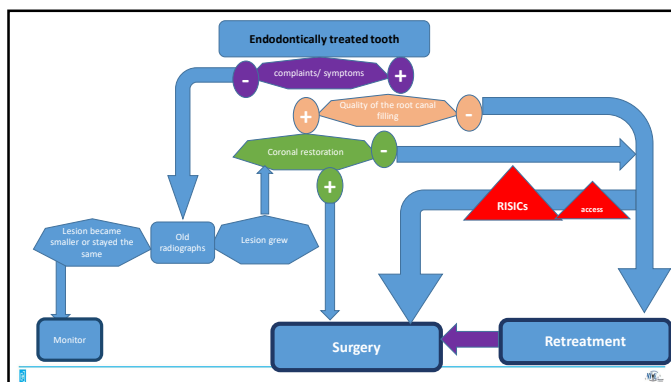


no clear evidence of superiority of the surgical vs. non-surgical approach

AZIM A. ET AL. INT ENDO J. 2021 MAR;54(3):301-318.

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159

Review Cochrane Database Syst Rev 2016

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Del Fabbro M, Corbella S, Sequeira-Byron P, Tsesis I, Rosen E, Lolato A, Taschieri S

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**How to manage failure of a root canal treatment?**

**ACTA** Academic Centre for Dentistry Amsterdam

- Monitor
- **Retreatment**
- Surgical endodontics
- Combination
- Extraction

Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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**How to manage failure of a root canal treatment?**

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- Monitor
- Retreatment
- Surgical endodontics
- Combination
- Extraction

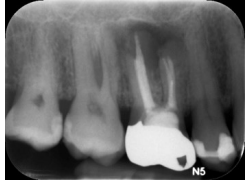
Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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### Extraction

- Should be presented to the patient as an option



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### How to manage failure of a root canal treatment?

- Monitor
- Retreatment Selective retreatment →
- Surgical endodontics
- Combination
- Extraction

Reit C, Gröndahl HG. Swed Dent J. 1984;8(1):1-7.

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### The partial retreatment



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### ● Partial/ selective retreatment

Why do we resect and treat only the root with a periapical lesion with surgical endodontics but insist on retreatreating all canals in an orthograde approach ?



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37 Mandibular Molars  
First Time Surgery  
**PAI SCORE (PAI ≥ 3 - APICAL PATHOSIS)**  
5 Years follow up  
Periapical X-Rays

KRAUS RD ET AL. J ENDOD. 2015;41(4):442-6.

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KRAUS RD ET AL. A 5-YEAR FOLLOW-UP STUDY. J ENDOD. 2015;41(4):442-6.

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NON OPERATED ROOT

8,1%

**Conclusions**

Nonoperated roots rarely developed signs of new apical pathosis 5 years after apical surgery of the other root in mandibular molars. It appears reasonable to resect and fill only roots with a radiographically evident periapical lesion.

**NON OPERATED ROOT**

**8,1%**

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**KRAUS RD ET AL. A 5-YEAR FOLLOW-UP STUDY. J ENDO. 2015;41(4):442-6.**

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**The partial retreatment**

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**Case Report/Clinical Techniques**

**Selective Root Retreatment: A Novel Approach**

**1 Case Report**

**Pre Operative CBCT**

**circumscribed lesion around the disto-lingual root**

**1 Year follow up with CBCT**

**Favourable outcome**

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**NUDERA WJ. J ENDO. 2015;41(8):1382-8.**

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**The partial retreatment**

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**Outcome of selective root canal retreatment-A retrospective study.**

**Brochado Martins JF, Guerreiro Viegas O, Cristescu R, Diogo P, Shemesh H. Int Endod J. 2023**

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**Outcome of selective root canal retreatment—A retrospective study**

**Brochado Martins JF, Guerreiro Viegas O, Cristescu R, Diogo P, Shemesh H. Int Endod J. 2023**

- RETROSPECTIVE STUDY
- January 2018 - April 2021
- 82 multirrooted teeth (215 roots)
- 59 teeth (151 roots) - PERIAPICAL X-RAY
- 16 teeth (44 roots) - CBCT
- OUTCOME EVALUATION
- NEW LESIONS IN NON TREATED ROOTS

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**Survival rate 91,5%**

**Outcome FAVOURABLE**

**TREATED ROOTS 92,7%**

**Untreated roots 96,5%**

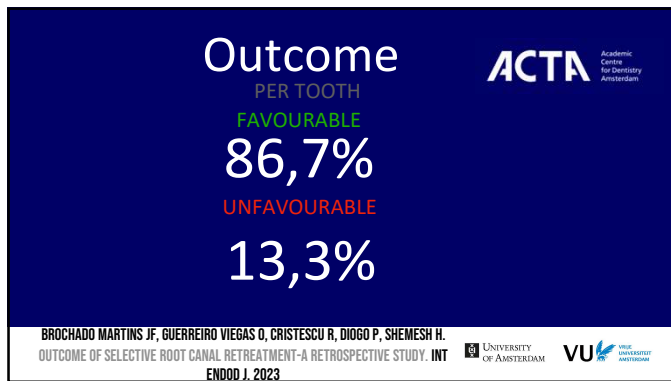
**3,5% of the untreated roots developed a new lesion**

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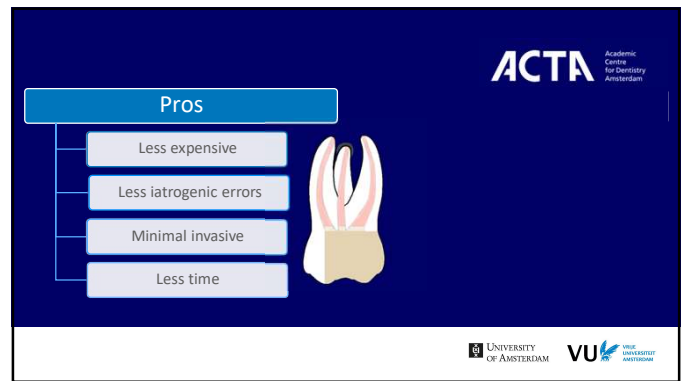
**BROCHADO MARTINS JF, GUERREIRO VIEGAS O, CRISTESCU R, DIOGO P, SHEMAESH H. INT ENDO J. 2023**

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**Additional aspects**

Cost effectiveness :

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INTERNATIONAL ENDODONTIC JOURNAL  
The official journal of the International Association of Endodontists

ORIGINAL ARTICLE | Open Access  
**Cost-effectiveness analysis of full vs selective retreatment**  
Julia Filipa Brochado Martins, Shemesh H, Shemesh H, Shemesh H  
First published: 23 September 2023 | <https://doi.org/10.1016/j.intendo.2023.101611>

**BERLIN**  
CHARITE-UNIVERSITÄT MEDIZIN  
CHARITÉ-CENTRUM 3 AM  
ZAHN- UND Kieferklinik

Three-rooted molar with apical pathology on one root

selective re-treatment | Full re-treatment

Failure other roots | Failure re-treated root

treat other roots

Apicoectomy (surgical re-treatment)

Extraction and implant-supported crown

Implant/crown-related failure (i.e. Recementation/ renew crown/renew implant)

Selective retreatment, when clinically applicable, is likely to be more cost-effective than full retreatment in endodontically treated molars with persistent apical periodontitis.

BROCHADO MARTINS JF, SHEMESH H, HERBST SR, SCHWENDICKE F. INT ENDOD J. 2023

UNIVERSITY OF AMSTERDAM VU UNIVERSITY AMSTERDAM

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**Additional aspects**

Resistance to fracture:

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**GRONINGEN**

BROCHADO MARTINS JF, ASIC H, SHEMESH H, GRESNIGT M.

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BMC Oral Health

RESEARCH | Open Access

Does selective root canal retreatment preserve the tooth's fracture resistance? An ex-vivo study  
Mohammed Turkey, Yasmine Ahmed Mortada Abd Elfatah, Shaimaa Hamdy

Conclusions Selective root canal retreatment preserved the tooth's fracture resistance compared to the conventional retreatment approach.

BMC Oral Health. 2024 Oct 19;24(1):1251.  
Mohammed Turkey, Yasmine Ahmed Mortada Abd Elfatah, Shaimaa Hamdy

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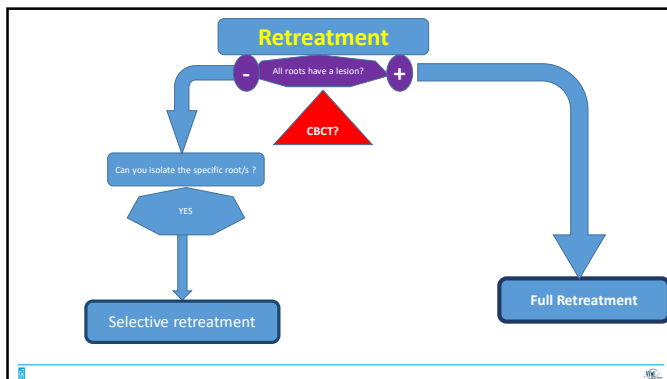
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**Question still unanswered:**

- Is 2D imaging enough ? CBCT ?

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**AAE and AAOMR Joint Position Statement**  
Use of Cone Beam Computed Tomography in Endodontics – 2015/2019 Update

**Recommendation 7: Limited FOV CBCT should be the imaging modality of choice when evaluating the nonhealing of previous endodontic treatment to help determine the need for further treatment, such as nonsurgical, surgical or extraction.**

**AAE AND AAOMR JOINT POSITION STATEMENT: USE OF CONE BEAM COMPUTED TOMOGRAPHY IN ENDODONTICS 2015 UPDATE. J ENDOD. 2015 SEP;41(9):1393-6.**

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**Diagnostic accuracy of cone beam computed tomography used for assessment of apical periodontitis: an ex vivo histopathological study on human cadavers**

**Non Root filled + Root Filled Teeth**  
Histology as reference Standard  
diagnostic accuracy of CBCT was dependent on the endodontic treatment status

**ROOT-FILLED ROOTS - LOWER ACCURACY**  
**NON-ROOT-FILLED ROOTS - HIGH ACCURACY**

KRUSE C. ET AL. INT ENDOD J. 2019;52(4):439-50.

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“While CBCT offers greater diagnostic precision, its routine use for outcome evaluation may not be necessary, as it produces similar results compared to PR, when applying loose criteria.”

BROCHADO-MARTINS J, GEORGIU A.C, DE-VRIES R, PALMA P, DIOGO P, SHEMAH H. JOE 2025

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**Verwijzing naar de endodontoloog**

- Verwijsbrief, foto's incl. oude foto's indien beschikbaar
- Behandelplan
- Wat is er met de patient besproken? (verwachting, prognose, alternatieven...)
- Wat is reeds uitgevoerd?
- Relevante medische/ tandheelkunde voorgeschiedenis

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**Take HOME message**

Quality? Leakage? Missed anatomy?

- When you suspect a failed RCT always think first about the possible reason
- Can this reason be addressed by a retreatment?
- Can I improve the situation? Can I preform the treatment?
- Always pose 4 options to the patient : Do nothing, Extraction, Retreatment, surgery

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