

## Relationships between orthodontics and endodontology



Hagay Shemesh  
ACTA

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- What am I going to speak about ?



### Introduction

- Limited evidence



### The 5 questions

Influence on the pulp

resorption

Ortho movements

Special considerations

Combinations



### Conclusions and recommendations

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- Little information
- Literature focuses on specific clinical questions and case reports



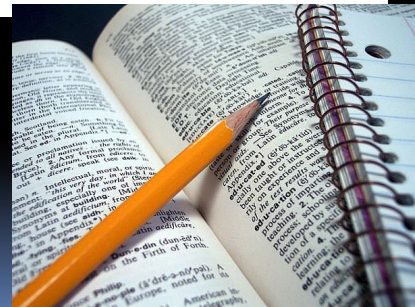
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### REVIEW

## Endodontic-orthodontic relationships: a review of integrated treatment planning challenges

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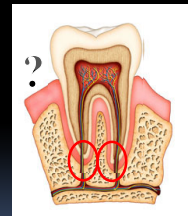
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### Questions


- How does an orthodontic treatment influences the pulp?
- Is there a difference in resorption between teeth with/ without root canal treatment ?
- Does an endodontically treated tooth react the same to orthodontic treatment?
- Are there special considerations when we perform a root canal treatment by an orthodontic patient?
- Combinations orthodontic treatment and root canal treatment in specific situations

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### 1. How does an orthodontic treatment influences the pulp?




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Pulpal change in orthodontics

1. Blood vessels- vascularisation
2. Nerve tissue- sensibility
3. Calcifications and obliterations

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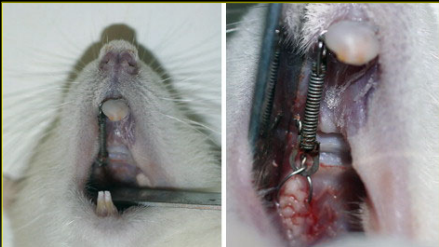
Pulpal change in orthodontics

Initial changes in pulpal microvasculature during orthodontic tooth movement: a stereological study  
M.Santamaria et al 2006

4 groups of rats (5 per group)  
M1 pulled mesially with force 0.4 N (Newton). For 6,24,72 hours (spring)  
Histological sections changes in volume density blood vessels (Vv)  
(hyperemia and vasodilatation)  
Results : All treated teeth- increase in Vv after 6 h. After 24 h – adaptation of the pulp, and after 72 h Vv almost normal.

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Pulpal changes in orthodontics



Spring in a rat model

Santamaria et al. 2006

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Pulpal changes in orthodontics

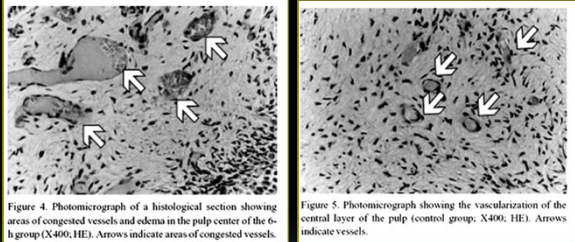



Figure 4. Photomicrograph of a histological section showing areas of congested vessels and edema in the pulp center of the 6-h group (X400; HE). Arrows indicate areas of congested vessels.

Figure 5. Photomicrograph showing the vascularization of the central layer of the pulp (control group; X400; HE). Arrows indicate vessels.


Coronal pulp control group. X400

Santamaria et al. 2006

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Pulpal changes in orthodontics



Pulp vitality after rapid palatal expansion (RPE)  
Cho et al 2010

Aim: Can RPE change the response of the pulp to EPT?  
25 patients treated with RPE. EPT test of premolars and molars. If negative, cold test.  
Results : During and directly after treatment some teeth react negative. All teeth return to normal reaction 9 months after treatment.  
Conclusion: Teeth after RPE do not lose their vitality.

Cho et al. 2010

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There is no pulp necrosis or calcific metamorphosis of pulp induced by orthodontic treatment: biological basis.

Consolaro A, Consolaro RB. Dental Press J Orthod. 2018

- 1) The orthodontic movement does not induce pulp necrosis or calcific metamorphosis of the pulp;
- 2) When pulp necrosis or calcific metamorphosis of the pulp is diagnosed during orthodontic treatment or soon after removal of orthodontic appliances, its etiology should be assigned to concussion dental trauma, rather than to orthodontic treatment;
- 3) The two pulp disorders that cause tooth discoloration in apparently healthy teeth are the aseptic pulp necrosis and calcific metamorphosis of the pulp, both only induced by dental trauma;

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J Contemp Dent Pract. 2018 Sep 1;19(9):1095-1099.

A Retrospective Analysis of Pulp Stones in Patients following Orthodontic Treatment.

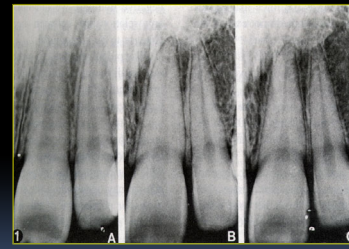
Jena D1, Balakrishna K2, Singh S3, Naqvi ZA4, Lanje A5, Arora N6.

Dentists performing endodontic treatment among patients who have undergone orthodontic treatment should be aware about the increased chances of presence of pulp stones and thus to avoid hindrances encountered during extirpating the pulp, they should thoroughly study the radiographs beforehand.

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## Pulpal changes in orthodontics

### Narrowing of the canal



Before treatment      At the end of the treatment      5 year after retention

Popp et al. 1992

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## Pulpal changes in orthodontics

Pulpal response to orthodontic tooth movement in adolescents: a radiographic study.

Popp et al 1992

2 groups of patients

Radiographs before the treatment, after retention and 5 year after treatment.

Results : All treated teeth show narrowing of the canal. But also the control group showed the same.

Conclusion: Narrowing of the canal after ortho is actually a normal maturing process which is probably accelerated by the orthodontic pressure.

Popp et al. 1992

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## Pulpal changes in orthodontics

Volumetric Pulp Changes after Orthodontic Treatment Determined by CBCT.

Venkatesh et al JOE 2014

2 groups of patients (n=48)

CBCT before the treatment, after retention.

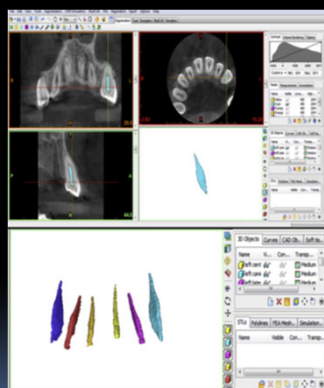
Results : All treated teeth show narrowing of the canal. Less so in the control group.

Conclusion: Narrowing of the canal after ortho is NOT a normal maturing process and is a consequence of the orthodontic forces.

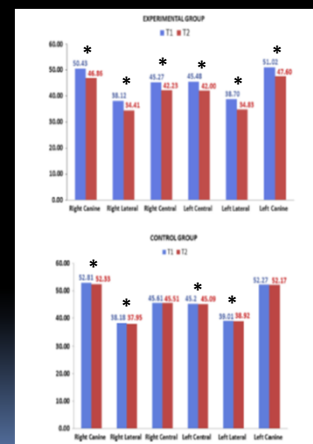
Vankatesh et al. 2014

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- A 3D image of the pulp cavity by the CBCT is created and the volume of the pulp cavity is calculated.



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Force → Pulp hyperemia: vasodilatation, increased permeability, and edema → increase in pulp pressure and compression of the venous return → Deposition of tertiary dentin.

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Agematsu et al. 2010

Age-related secondary dentin deposition by using micro CT imaging pulp volumes decreased only in men in their 50s and 60s and women in their 40s and 50s.

Agematsu H et al. Three-dimensional observation of decrease in pulp cavity volume using micro-CT: age-related change. Bull Tokyo Dent Coll. 2010;51(1):1-6.

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Effects of Orthodontic Movement on the Dental Pulp.  
Neiva KG.  
J Evid Based Dent Pract. 2015 Sep;15(3):113-5.

ARTICLE TITLE AND BIBLIOGRAPHIC INFORMATION	REVIEW ANALYSIS & EVALUATION
<p>Influence of orthodontic forces on human dental pulp: a systematic review. Javed F, Al-Kerani AA, Romanos EB, Romanos GE. Arch Oral Biol 2015;60(2):347-56.</p> <p><b>REVIEWER</b> Kathleen G. Neiva, DDS, PhD</p> <p><b>PURPOSE/QUESTION</b> Do orthodontic forces affect human dental pulp?</p>	<p><b>Effects of Orthodontic Movement on the Dental Pulp</b></p> <p><b>SUMMARY</b></p> <p><b>Selection Criteria</b> This article comprises a systematic review of studies examining the effect of orthodontic forces on human dental pulp. Initially, 301 articles were identified from six databases (Medline, PubMed, CINAHL, Web of Knowledge, Cochrane, and Google Scholar) searched from 1954 to August 2014 according to the PRISMA guidelines. One hundred five records were screened and 60 were excluded. Forty-five full-text articles were eligible and upon closer examination, 15 were excluded. Thirty studies were included in the qualitative synthesis. Three authors independently assessed the methodological quality of the included studies according to a grading system developed by the Swedish Council on Technology Assessment in Health Care.</p>

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- “There is insufficient scientific validation regarding the association between orthodontic forces and human dental pulp.”
- “A history of dental trauma may be considered a risk factor for the loss of pulp vitality during orthodontic treatment”

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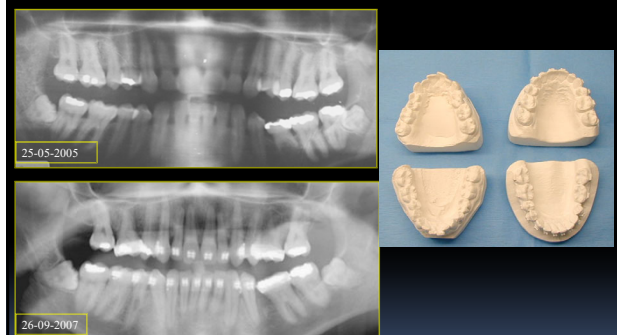
## Conclusions

Orthodontic treatment produced a significant decrease in size of the pulp, which was statistically significant.

Decreases in pulp volumes were also noted in the control group but they were clinically insignificant as determined by pulp testing methods.

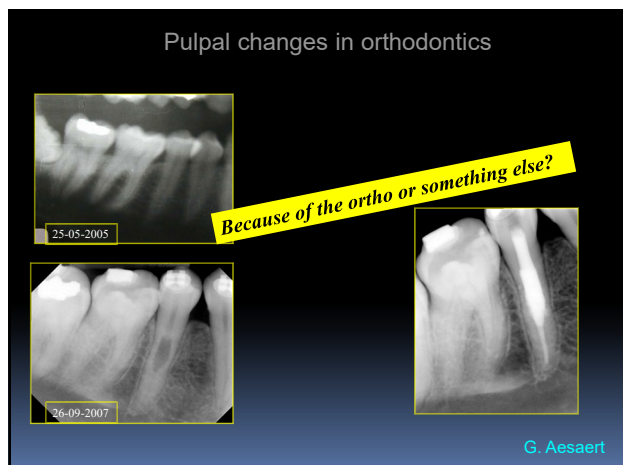
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### Pulpal changes in orthodontics

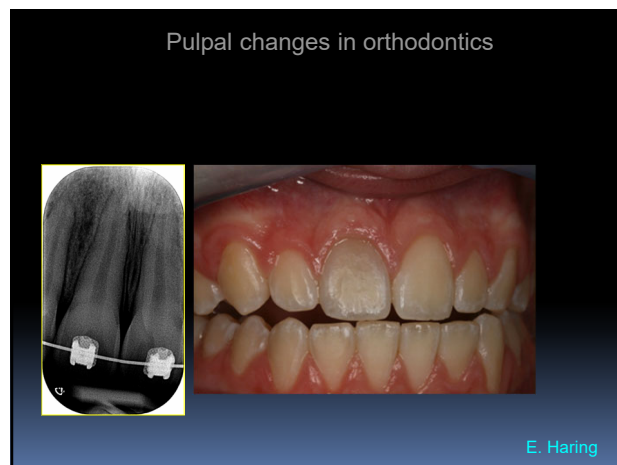


G. Aesaert

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**1. How does an orthodontic treatment influences the pulp?**

- There is little evidence that orthodontic movements can irreversibly influence the pulp
- These changes are mainly neurovascular
- Neurotransmitters (neuropeptides) can influence the blood and cell metabolism
- These changes could be pronounced by other external factors such as trauma and caries
- Teeth with open apex – the chance for changes is smaller (more space apically and higher healing and regeneration capacity)

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**2. Is there a difference in resorption between teeth with/ without root canal treatment ?**

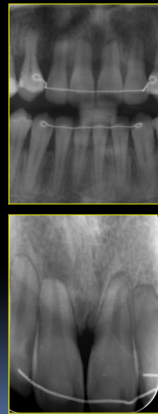
M. S. Marques

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### Resorption Apical resorption

- Ottolengui 1914: Direct relationship between ortho treatment and apical resorption.
- 35-45% of maxillary front teeth show resorption after ortho treatment (compared to 3% without)
- Sterile inflammatory resorption
- open apex chance for resorption is smaller (Brezniak et al. 2002)



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### Resorption Not always benign



H. Shemesh

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### Resorption

#### Apical resorption – predisposing factors

- Trauma
- Large orthodontic pressures like intrusion, tipping
- Teeth with anatomical aberrations like dens-in-dente (Kjr 1995)
- Teeth with a thin root (but lower incisors demonstrate LESS resorption)
- Vital teeth compared to endodontically treated teeth



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### Resorption



T. Zwart, H. Shemesh

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### Resorption

- Neuropeptides (from the pulp) stimulate CGRP-IR fibres (calcitonin gene-related peptide- Immuno Reactive)
- Pulp fibroblasts are stimulated by substance P and can cause resorption (Yamagucci et al. 2008)
- Endodontically treated teeth have no pulp and thus no stimulation for CGRP-IR fibers (Bender et al. 1997)



M. S. Marques

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- External apical root resorption in maxillary root-filled incisors after orthodontic treatment: A split-mouth design study. Llamas-Carreras et al. 2012

Conclusion- no difference in resorption of vital or endodontically treated teeth

- Also Estevans 2007, Spurrier et al. 1990

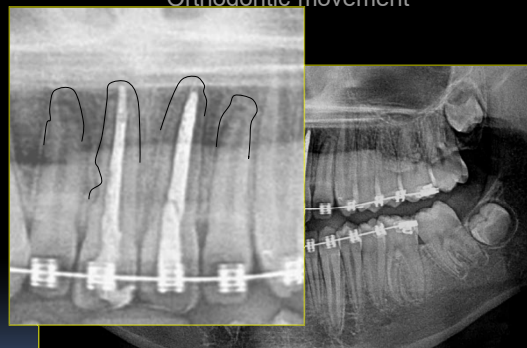
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Effects of Pulpectomy on the Amount of Root Resorption during Orthodontic Tooth Movement  
Kaku et al. Journal of endodontics 2014

- Freshly extracted teeth
- Cell culture of the pulp tissue
- Gene expression , protein concentration of macrophages factors, receptors activation with and without pressure
- A few rat teeth- extirpation and then again, check all parameters
- Conclusion: tensile forces enhance the expression of cytokines which may lead to root resorption during tooth movement

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Orthodontic movement



A. Haimovsky

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Resorptie

- Apical resorption
  - Internal resorption
  - Inflammatory resorption
- In combination with other factors



H. Shemesh



G. Aesaert



M. S. Marques

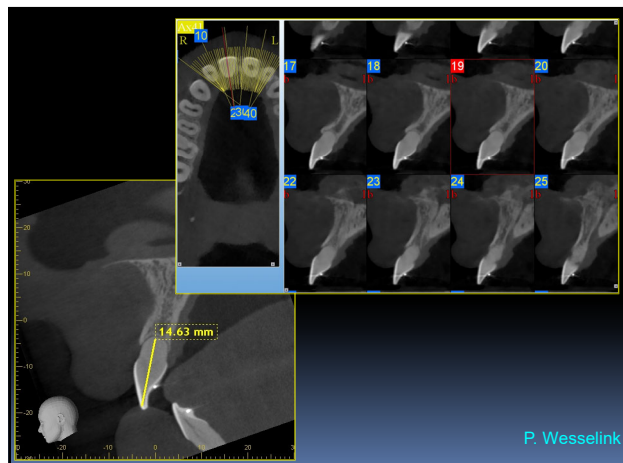
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Resorption

Treatment of resorption

- Depends on the kind of resorption
- Internal & inflammatory : root canal treatment as soon as possible.  
Pause or stop orthodontic forces (Brezniak & Wasserstein 2002)
- Apical resorption: almost always
- Extreme resorption (>1/3) stop ortho and consider root canal treatment

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P. Wesselink

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2. Is there a difference in resorption between teeth with/ without root canal treatment ?



M. S Marques

Some observations that endodontically treated teeth could show resistance to resorption probably this is multifactorial and there are other reasons as well for the resorption

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### 3. Does an endodontically treated tooth react the same to orthodontic treatment?



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#### Orthodontic movement

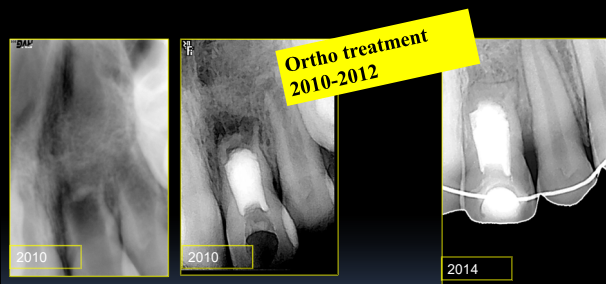
- Endodontically treated teeth could be moved just like vital teeth (Hunter et al. 1990, Mah et al 1996, Llamas-Carreras et al 2012)

As long as

- There is no other factor that could interfere with the movement (like replacement resorption)

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#### Orthodontic movement



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#### Orthodontic movement

Can a tooth with apical periodontitis treated orthodontically?

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#### Orthodontic movement



Influence of orthodontic dental movement on the healing process of teeth with periapical lesions

RS de Souza et al 2006

Aim: Check influence of ortho treatment on healing of periapical lesions in dogs

30 roots in 2 dogs with periapical lesions. 20 were endodontically treated. Half of them got orthodontic treatment

After 5 months: Histology sections

Results : all treated teeth demonstrated a healing process..

Conclusion: Orthodontic treatment can delay healing but not stop it.

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#### Orthodontic movement

Can a tooth after apical surgery treated orthodontically ?

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Orthodontic movement

**Problems...**

- More apical resorption (More exposed dentine)
- Irritation and persistent inflammation
- Fenestration
- Scar tissue

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Orthodontic movement

**Baranowskyj 1969**

- Orthodontic intrusion in dogs
- Conclusion: early onset of orthodontic treatment after apical surgery can interfere with the healing through increased mobility and irritation to the bone

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**3. Does an endodontically treated tooth react the same to orthodontic treatment?**

- Endodontically treated teeth move at the same way as vital teeth
- Teeth after apical surgery: no long term clinical studies
- Recommendation: Begin orthodontic movement after healing of surgical wound

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*Orthodontic Movement after Regenerative Endodontic Procedure: Case Report and Long-term Observations*

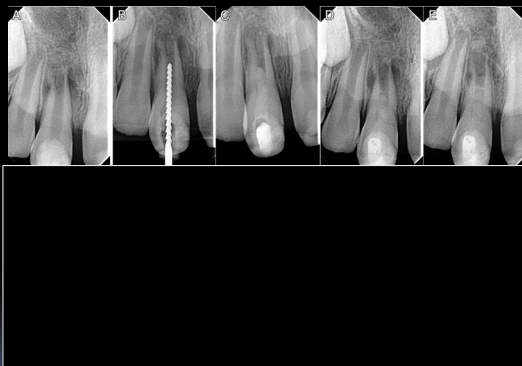
Antonis Chaniotis, DDS, MD

*Journal of Endodontics*  
Volume 44, Issue 3, Pages 432-437 (March 2018)  
DOI: 10.1016/j.joen.2017.11.008

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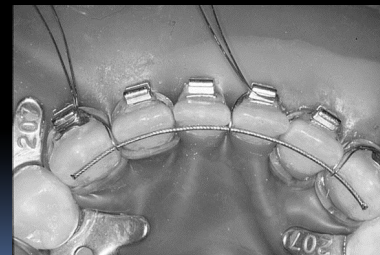


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4. Are there special considerations when we perform a root canal treatment by an orthodontic patient?



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Endo during orthodontic treatment

1. Diagnosis

During an orthodontic treatment the endodontic treatment is complicated by:

- Changes in the bone are not always pathologic
- Metal rings and wires complicate radiographic interpretations
- Sensibility tests are usually impossible

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Endo during orthodontic treatment

2. Treatment

- Difficulties with rubber dam placement
- Lingual/ palatinal brackets make the access opening difficult
- Lingual/ palatinal retention wire
- Remember that removing retention wires and placing them again is relative easy and quick (Krell et al. 1993)

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Endo during orthodontic treatment

### Treatment

- Apical resorption- no constriction. Important for length measurements and filling
- Electronic apex locator ?



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### Ortho/ Endo case

Hesam Mirmohammadi  
ACTA

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Healthy girl 13 year

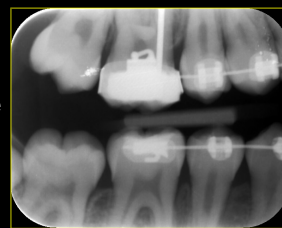


Rapid maxillary expansion, after: brackets

H. Mirmohammadi

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1 year into the treatment:  
pain 16, dentist could not  
diagnose the reason for the  
complaints because of the  
orthodontic metal ring  
Month later: Ring removed.  
No caries found. Pain  
subsides



H. Mirmohammadi

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Clinical testing 16:

Cold: 16+/ 26+  
Percussion: 16-  
Palpation: 16-  
Pocket : Buc.: 8 mm  
X-ray: Tracing through  
the pocket



Diagnosis: Localized aggressive juvenile periodontitis  
?!

-Referral to the priodontist

H. Mirmohammadi

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appointment periodontist

Pocket –Now not deeper than 3mm  
Plaque, Furcation  
Recession of 3 mm  
Sensitivity: ++ (cold test!)



dental hygiene instructions

H. Mirmohammadi

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## Recall

- Deep pocket and complaints are back

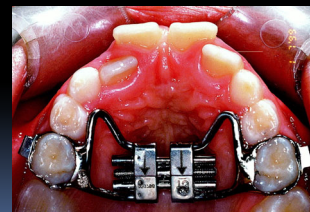
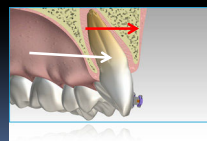


H. Mirmohammadi

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## Rapid expansion

- CBCT?!
- Send back to the periodontist?
- Reffer to the orthodontist?
- Extraction ?



H. Mirmohammadi

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H. Mirmohammadi

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#### 4. Are there special considerations when we perform a root canal treatment during an orthodontic treatment?

- During the diagnose always consider special situation/ external factors
- During the treatment- special attention to rubber dam, retention wire and resorptions

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#### 5. Combinations orthodontic treatment and root canal treatments in specific situations



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## Combination endo-ortho

- Ortho is sometimes indicated after trauma like in luxations en avulsions
- Ortho specific before endo: extrusion (forced eruption)
- Fractured teeth, deep caries, resorption, perforations
- Ortho for restorative reasons

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## Combinations endo-ortho

## Cervical root resorption



A. Braun, T. Zwart

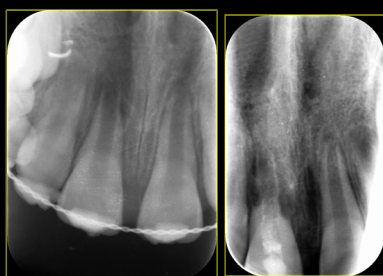
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## Avulsion



H. Shemesh, T. Zwart

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H. Shemesh, T. Zwart

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H. Shemesh, T. Zwart

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## 5. Combinations orthodontic treatment and root canal treatments in specific situations

- Extrusion (Usually for restorative reasons)
- Trauma

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## Questions

1. How does an orthodontic treatment affect the pulp?
  1. Vascularisation
  2. Reaction to EPT/ cold
  3. narrowing
2. Is there a difference in response between teeth with/ without root canal treatment?
  1. YES
  2. NO
3. Does an endodontically treated tooth react the same to orthodontic treatment? YES
4. Are there special considerations when we perform a root canal treatment by an orthodontic patient? YES
5. Combinations orthodontic treatment and root canal treatments in specific situations
  1. Trauma
  2. Restorative
  3. Extrusion

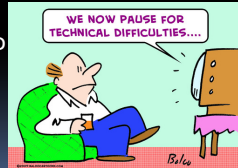
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## Summary

- Complications during and after ortho are usually multifactorial and seldom only because of the orthodontic treatment
- Teeth after trauma have more chance for complications

In situations of advanced resorption ask the orthodontist to stop pause or shorten the treatment and consider root canal treatment.



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## Summary

- Cooperation with the orthodontist is crucial in some situations.



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## Thanks:

Orthodontists:

- Reinder Kuitert- ACTA
- Tjebbe Swart- Amsterdam

Endodontists:

- Karim Idzahi
- Miguel Marques
- Carlos Aznar Portoles
- Hesam Mirmohammadi
- Guido Aesaert
- Andreas Braun
- Paul Wesselink



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